

## **THINGS TO DO WHILE AT MSMU!**

*We've provided a few things to take part in while you're in Los Angeles and on our beautiful Doheny Campus*

### **CHUGACUG EVENT**

**Right after a full day of great sessions, come hang out with our Carnival themed event right on campus!**

**Come enjoy some light snacks, drinks and plenty of fun!**



## Mount Wellness Walk

Get Your Wellness On! This past year, our University instituted a .8 mile loop around our beautiful campus. We invite you to take a stroll whenever you'd like while on campus!

### Sports & Wellness

[Chalon Fitness Center](#) [Doheny Fitness Center](#) [Job Opportunities](#) [FAQ](#) [Fitness Center Orientations](#) [Doheny Wellness Walk](#)

#### Doheny Wellness Walk



## Mount Wellness WALK

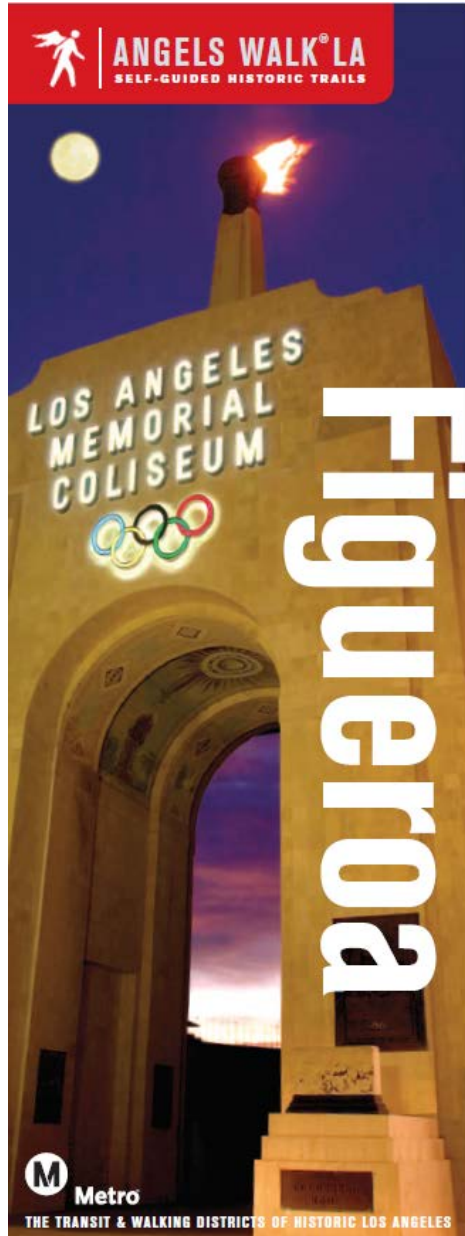
**MOVE MORE!**  
TAKE STEPS TO WELLNESS ON THIS 0.8 MILE LOOP THROUGH CAMPUS.



THE MOUNT WELLNESS WALK WAS FUNDED BY A GENEROUS GRANT FROM THE CARRIE ESTELLE DOHENY FOUNDATION.

## Angels Walk LA


Take a self-guided historic walk around great places in the downtown area! The link on our website will give you more information and specifics...Mount Saint Mary's is also featured location...Aren't you lucky!



## **Sports in Los Angeles!**


**Come a little early or stay a little while longer and enjoy some  
LA Sports close to campus!**

### **MLB Baseball Game**

**Los Angeles Dodgers  St. Louis Cardinals  
August 6<sup>th</sup> 7:10pm, Location: Dodger Stadium  
Visit venue site for tickets**



### **WNBA Basketball Game**

**Los Angeles Sparks  Phoenix Mercury  
August 8<sup>th</sup> 7pm, Staples Center  
Visit venue site for tickets**